

Habit #5: Worship and Belong

Big Idea

- **Big Idea:** Worship, and receive, from and contribute to the lives of other believers.
- **This Week's Challenge:** Take 5 minutes each day to send a text or note to encourage someone at church.

The Core Habits

- Worship and Belong is the third — and possibly the most important — of three core habits.
- “They’re the basics that matter most. They’re like playing scales in piano, or shooting baskets in basketball. You need other skills besides playing scales or shooting baskets, but you never outgrow these basic practices.”

“What’s the next step? We have good news. It’s easier than you could imagine. Just show up and ask how you can help.”

Collin Hansen

Key Ideas

- The church is central, not optional.
- Look for a good (not perfect) church.
- Worship and participate in the ordinary means of grace.
- Practice the “one another” commands of Scripture.
- Engage at church with intentionality.

This Week's Action

- If you're not part of a church already, find one.
- Take the next step.
- Encourage someone every day.